Announcement	Explanation
ādi tāla "ta ka dhi mi ta ka ju nu" *trikāla* = 3 speeds 1st speed: 2nd speed: 3rd speed:	Each cycle (*āvarta*) of ādi tāla has 8 counts or "gestures" (*kriyā*): "ta ka dhi mi ta ka ju nu"; and each sub-unit (*mātrā*) corresponds to a syllable (*jati*). Here the three speeds are executed by way of doubling and quadrupling the number of syllables or *mātrā*: 1 beat (*kriyā*) = 1 syllable (*jati*) = 8 *mātrā* per *āvarta* 1 beat (*kriyā*) = 2 syllables (*jati*) = 16 *mātrā* per *āvarta* 1 beat (*kriyā*) = 4 syllables (*jati*) = 32 *mātrā* per *āvarta*
miśra cāpu tāla "ta ki ṭa ta ka dhi mi" *trikāla* = 3 speeds medium speed: half speed: medium speed: double speed:	Each cycle (*āvarta*) of miśra cāpu tāla has 7 counts or "gestures" (*kriyā*): "ta ki ṭa ta ka dhi mi". Here the three speeds consist of a medium speed, half speed, and double speed while the hands maintain the original tempo by way of clapping: 1 beat (*kriyā*) = 1 syllable (*jati*) 2 beats (*kriyā*) = 1 syllable (*jati*) 1 beat (*kriyā*) = 1 syllable (*jati*) 1 beat (*kriyā*) = 2 syllables (*jati*)
khaṇḍa cāpu tāla "ta ka ta ki ṭa" *trikāla* = 3 speeds	5 syllables
rūpaka tāla "ta ki ṭa" *trikāla* = 3 speeds	3 syllables